



www.iyengaryoga.org.uk

IYENGAR® YOGA (UK)

Honorary President: Yogacharya Sri B. K. S. Iyengar

**Notes for completing form A2
APPLICATION & REGISTRATION FOR TEACHER TRAINING COURSE
INTRODUCTORY CERTIFICATE**

Please print clearly giving all details that are requested:

For each question on the application form refer to the number below for guidance.

1. Give the month and year you started regular Iyengar yoga classes.
2. Begin with most recent teachers and only list teachers whose classes you attend on a regular weekly basis; not a list of workshop and special events.
3. You can include workshops, conventions and any yoga events that show your yoga experience to date.
4. Give the month and year.
5. Give the name of the trainer whose course you wish to attend; you should contact the trainer before submitting the application form.
6. Give the style of yoga, the name of the organisation which awarded the qualification and the date of qualification.
7.
 - a) Give the start date, month and year
 - b) Please give number of classes taught regularly per week/month and specify type and length of each class, if any.
 - c) Yes or no
8. Please list anything that may be relevant to your practice and teaching; e.g. whiplash from car accident.
9. Please give details of anything which affects your yoga asana and pranayama practice.
10. Answer yes or no and then follow guidance below
 - a) Give the month and year for any application
 - b) Give the name of the teacher trainer whose course you applied for in each case
 - c) Yes or no
 - d) Give information to include the following, with reasons
 - if you decided not to take the place
 - if you decided not to, or were unable to continue on the course
 - why you are re-applying now
 - e) List the reasons you did not get a place e.g. the course was full; you needed more time etc.
11. This question is open to your interpretation. It may include your experience and motivation for applying for the teacher training course.

Notes on enclosures

1. **The letter from your current teacher should recommend** you for the teacher training course and **specifically state** your regular attendance at their classes and the length of time you have attended, including dates. This should be a minimum of 3 consecutive years.
If you have changed teachers during this qualifying period, please send further letters from each teacher to confirm that you attended their classes regularly, giving dates.
2. **Your Teacher Trainee Registration Fee of £45 (€57)**. This is an administration fee payable to IY(UK). Cheques will not be cashed unless and until acceptance on a course is confirmed. The cheque will be returned if a course place is not allocated or accepted.
3. **IY(UK) Membership Fee** You must also be a current member of IY(UK) at the time of registering for the Teacher Training course, either by joining one of the institutes listed below, or by paying IY(UK) directly (join/renew at www.iyengaryoga.org.uk/membership).

Notes on membership

Continued non-teacher membership of IY(UK), either through a Member Institute or as an individual member, is an essential requirement to be on an IY(UK) Teacher Training course.
IY(UK) is not an institute, it is the official Iyengar Yoga Association in the UK.

Membership of the following Institutes entitles you to automatic membership of IY(UK):

AIYI (Avon), BDIYI (Bradford), CIYI (Cambridge), DHIYI (Dorset & Hampshire), DIYI (Dublin), ESIYI (East Scotland), FIIYNI (Northern Ireland), GWSIYI (Glasgow & West Scotland), IIS (Sussex), KIYI (Kent), LIYI (Liverpool), MCIYI (Midlands), MDIYI (Manchester), MIYI (Munster), NEIYI (North East), NELIYI (North London), ORIYI (Oxford), SADIYA (Sheffield), SWIYI (South West) & SWLSIYI (South West London & Surrey).

All other institutes or yoga centres are not Member Institutes and you are required to join IY(UK) as an individual member

To find out more about any of the institutes listed, visit

www.iyengaryoga.org.uk/about-iy-uk/uk-institutes-and-affiliates

Notes on Insurance & First Aid

INSURANCE

Trainee teachers must not teach unsupervised yoga classes. Therefore IY(UK) does not recommend or provide insurance for trainee teachers.

FIRST AID

A first aid qualification, to include Cardio-Pulmonary Resuscitation (CPR) is part of the essential requirements for a newly qualified Iyengar Yoga teacher. Your trainer will talk to you about this as you must have an up-to-date First Aid certificate on entry into the Introductory assessment.