



Introductory Teacher Training at IYIMV

Open Session

10.00am – 1.00pm Saturday 12th March 2016

Students with three or more years of regular Iyengar yoga practice who wish to consider training as an Iyengar yoga teacher are invited to attend a free open taster session facilitated by Sallie Sullivan and Stephen Richardson.



Full details of the requirements are available from the website at iyi.org.uk where you may download and print the necessary forms, or you may ask one of our receptionists for the ITT training pack.

The purpose of the ITT course is to build a firm foundation in the teaching of B. K. S. Iyengar's work.

The course lasts for 2 years and comprises 14 training days each year on Saturdays.

Please let us know if you wish to attend

Assessments are conducted by the Iyengar Yoga Association(UK)

Students accepted on the course must join IYIMV & IY(UK)